

THE BEAUTY OF WELLNESS

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In my first article, I stated my purpose was to dedicate future columns to help you live a life of physical, emotional and spiritual WELLNESS. I also contended that without this feeling of WELLNESS, it is impossible to enjoy all that is BEAUTIFUL.

In this column, I intend to define what we mean by BEAUTY and WELLNESS.

Harper's American College Dictionary defines BEAUTY in the following terms:

- That quality of any sense of thought whereby it excites an admiring pleasure
- Qualification of a high order for delighting the eye or the esthetic, intellectual or moral sense
- A grace, charm or pleasing excellence

From the above, we can see that BEAUTY rates a 10+ on the scale of positive energy. This could be verified by recording cerebral activity in response to the many sensory forms of beauty. Yet, beauty as we feel it is indescribable. It arises from the perceived harmony of a feeling that results from innate rules of arbitrary judgment and imagination thereby making it intuitive.

Arthur Symons said "The whole mystery of Beauty can never be comprehended by the crowd." Interpreted, this means that Beauty cannot be generalized because it is unique to each person in that crowd.

George Santayana said that "Beauty is a pledge of the possible conformity between the soul and nature, and consequently a ground of faith in the supremacy of the good." I selected this quote because it validates the theme of BLACK TIE INTERNATIONAL; "The Supremacy of the Good."

The St. Martin's Roget's Thesaurus mentions brilliance, brightness, dazzling and beaming as synonyms for beauty. That the many forms of beauty's sensory cerebral input trigger high energy external human reactions such as brilliance, brightness, dazzling or beaming is logical.

In order for us to intuitively and physically experience the benefits of beauty in its many forms, all parts of the body, physical, emotional and spiritual, must be in a strong functional state of readiness and that is called WELLNESS. UNWELLNESS offers resistance on many fronts so the resulting reactions are either negative or non-existent resulting in a dysfunctional state called DISEASE which is what I intend to obliterate.

As Margaret Abigail Walker so wisely stated: "Let a new earth arise. Let another world be born. Let a beauty full of healing and a strength of final clutching be the pulsing in our spirits and our blood. Let dirges disappear. Let a race of men/women now arise and take control."

That's what we here at BLACK TIE INTERNATIONAL are all about.

Herve M. Byron
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Dr. Schuller A Unique Approach To Dental Care

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r. Schuller's approach to dental care is unique in that she has recognized the need for an integrated approach. Her observations over the years have brought her to the conclusion that proper care requires a mélange of different disciplines. To that extent she employs connective tissue matrix rejuvenation of the facial and neck musculature in conjunction with dental reconstruction. Her techniques employ sophisticated technology and a great affinity for aesthetic beauty, a gentle and kind approach, assessment of individual need; all in all she focuses on the entire human being.

Interview:

Dr. Schuller what do you mean by integrated approach?

For very many years dentistry focused only on dentition and immediate supporting structures such as gums and bone. The connection between the oral cavity and the rest of the human body is very fragile in that any changes in the dentition even the slightest change will have an effect through out the body. Therefore any time work is performed in the oral cavity great care needs to be given to equilibrating and harmonizing the surrounding muscular structures.

Can you give us an example of what you mean?

You have to understand that we are made of many little parts tied together by muscles and ligaments through joints. The head is the leading part of our body and it floats on the vertebral column, in a relationship of a first degree lever, which is a see saw relationship. The mandible helps balance this system, any changes in the way the teeth meet

will be instantly translated to the neck area, lower back, feet, knees and ultimately hips, and since through carving and enhancing the teeth we are affecting the intra -oral structures continuously through out our lives in fact we are affecting the whole body. We cannot recreate nature fully or intimately but through a series of compromises we can imitate nature.

How do you satisfy this in your practice?

I rebuild and aesthetically enhance my patients' teeth using state of the art technology such as the Cerec System (I can create crowns and veneers in one visit). I evaluate their facial musculature and skin and whenever necessary I treat them in order to re-establish tone and quality by using a technology specifically designed to that end. Once balance and harmony is achieved maintenance is imperative. I feel that in the future dentistry will be addressing more and more the total care approach.

Dr. Schuller is practicing in New York City on 61st Street and Park Avenue Tele: 212-826-6115. Her office was designed with Feng Shue in mind for a relaxing and comforting atmosphere. **BT**



Dr. Schuller