

# The Fifth Annual Fountain House Symposium & Luncheon

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Dr. Charney, Dr. Sanacora, Consuelo Mack and Philip Burguires



Senator Antonioni



Lauren Bush



Kenn Dudek and Glenn Close

The fifth annual Fountain House Symposium and Luncheon, which was held in the Grand Ballroom of The Pierre, honored Senator Robert A. Antonioni and raised a record-breaking \$1,150,000 to fund mental health services. The symposium, entitled, "Close to the Vest: Men and Depression," featured a panel discussion of this taboo subject by three leaders in the fields of mental health research, treatment, advocacy, and public policy: Gerard Sanacora, MD, PhD; Dennis S. Charney, MD; Philip Burguires.

The event's Chairs were Patricia Begley, Lorna Hyde Graev, Alexandra Herzan and Anne Mai. The Program Chair was Lynn Nicholas, PsyD. Glenn Close and Congressman Patrick J. Kennedy were Honorary Chairs. Consuelo Mack served as Master of Ceremonies. The afternoon began with a reception followed by a symposium. During lunch, panelists and chairs took to the stage to begin an inspiring and informative explanation of mental illness and depression in

men. It also touched on the important and meaningful work of the 60-year old award winning non-profit organization. Fountain House provides housing, employment, wellness and educational services to men, women, and young adults with major mental illness. Guests then viewed *Lance's Story*, a film about the life of a current Fountain House member.

It is estimated that each year, depressive illnesses affect over 7 million men. Twice as many women as men report having depression; however most researchers believe men do not recognize or report their illness. Because men are less likely than women to recognize the symptoms of depression, and therefore seek treatment far less often, they are more likely to self-medicate inappropriately with alcohol or non-prescription drugs. Suicide is the third leading cause of death in young men. Fountain House has served over 16,000 men and women with severe mental illness. For more information please visit: [www.fountainhouse.org](http://www.fountainhouse.org)